

RUTGERS S.A.F.E.T.Y. CLINIC  
COACHES CERTIFICATION COURSE  
WEDNESDAY, MARCH 28, 2012

6:00 TO 9:00 PM

Vld. Senior Center 6<sup>th</sup> & Elmer Streets  
Vineland, N.J. 08360

Presented by the Vld. Recreation Commission

**New Jersey Law (N.J.S.A. 2A:62A-6) requires that all volunteer coaches in New Jersey be certified. Don't miss this opportunity to comply with the law and protect yourself from liability today.**

In order to be eligible for the civil immunity protection provided by the "Little League Law" (2A:62A-6) all volunteer coaches are required to attend a "safety orientation and training skills program." The Rutgers S.A.F.E.T.Y. Clinic is based upon the "Minimum Standards for Volunteer Coaches Safety Orientation and Training Skills Programs" developed by the Governor's Council on Physical Fitness and Sports

**SUBJECTS TO BE COVERED INCLUDE:**

LEGAL ISSUES

STRENGTH/CONDITIONING

NUTRITION

SPORTS PSYCHOLOGY

INJURY/ACCIDENT PREVENTION

SPORTS SPECIFIC COACHING

HOW TO RUN A PRACTICE

COACHING AT DIFFERENT LEVELS

**REGISTRATION FEES: Make Checks & Money Orders payable to the Vineland Recreation Trust Fund in the amount of \$30.00 (CASH IS ACCEPTED) Return form to Vineland Recreation Commission 1096 E. Walnut Road, Public Works Complex Vineland, N.J. 08360 Registration will be accepted at the door from 5:30 to 6:00 pm only**

For more information contact the Vineland Recreation Office at (856) 794-4084

**CLASS WILL START PROMPTLY AT 6:00 P.M.  
THIS CLASS IS 3 (THREE) HOURS IN LENGTH  
(Tear off & return)**

**RUTGERS S.A.F.E.T.Y. COURSE**

NAME \_\_\_\_\_ PHONE (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Circle the sport/activity you are involved in:

**SOCCER BASKETBALL BASEBALL SOFTBALL FOOTBALL  
HOCKEY TRACK WRESTLING TENNIS LACROSSE OTHER \_\_\_\_\_**

